



PATRIC LUNCH

ST. MARTIN'S LUTHERAN SCHOOL

9/28/2009	9/29/2009	9/30/2009	10/1/2009	10/2/2009
Pizza Salad Fruit	Turkey Chili Mac Broccoli Apples	Black Bean & Cheese Enchiladas Rice Salad Jicama & Oranges	Sloppy Jos Fritos Green Beans Melon Chunks	Beef Lasagne Caesar salad Baguette Fruit Salad
10/5/2009	10/6/2009	10/7/2009	10/8/2009	10/9/2009
Hamburger Cheese (Optional) Lettuce, Tomato, Pickles New Potato Home Fries	Chicken Tacos Rice Raw Veggies w/ Ranch Dressing	Frito Pie Corn & Peppers Oranges	Meatloaf Mashed Potatoes Peas & Carrots Melon	Herb Chicken Mac & Cheese Green Beans Fruit Salad
10/12/2009	10/13/2009	10/14/2009	10/15/2009	10/16/2009
<i>NO LUNCH</i>	Chicken Fingers Sweet Potato Fries Peas & Cauliflower Fuji Apples	Hot Dog Wraps Pinto Beans Carrot & Celery Sticks Oranges	Cheesy-beany Quesadillas Rice Roasted Carrots, Mexican Squash Jicama Pineapple & Grapes	Chicken & Pizza Sauce w/ Pasta Broccoli Focaccia Fruit Salad
10/19/2009	10/20/2009	10/21/2009	10/22/2009	10/23/2009
Hamburger Cheese (Optional) Lettuce, Tomato, Pickles New Potato Home Fries	Teriyaki Chicken Rice Broccoli with Red Peppers Oranges	Roasted Turkey Sandwich Vegetable Noodle Soup Corn Chips Apples	Pasta and Meat sauce Broccoli Focaccia Pineapple & Grapes	Frito Pie Corn & Peppers Oranges
10/26/2009	10/27/2009	10/28/2009	10/29/2009	10/30/2009
Pizza Salad Fruit	Turkey Chili Mac Broccoli Apples	Black Bean & Cheese Enchiladas Rice Salad Jicama & Oranges	Sloppy Jos Fritos Green Beans Melon Chunks	Beef Lasagne Caesar salad Baguette Fruit Salad
A.M. SNACKS				
Fresh Fruit	Banana or Carrot Bread	Animal Crackers	Jam Sandwich on Challah	Rice Chex with Dried Fruit
P.M. SNACKS				
String Cheese Wrap	Apple Slices/ Cherrios/Raisins	Pretzels	Cookie & Raisins	Cheese & Crackers

****Dakota Natural Beef**
****Natural El Lago Flour or Corn Tortillas**
****60% Whole Wheat Pizza Dough from Sweetish Hill**
****Poultry is from Holmes Natural Foods**
****Greens from Amador Farms**

